







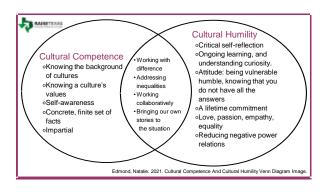


Cultural Humility
VS.

Cultural Competence

Cultural humility —The National Institutes of Health defines cultural humility as "a lifelong process of self-reflection and self-critique whereby the individual not only learns about another's culture, but one starts with an examination of her/his own beliefs and cultural identities."

Cultural competence — is the knowledge attained by formal or informal education and training on different cultures outside your own. Cultural competence understands that different experiences logically exist but does not necessarily empathize with the experience. Tervalon & Murray-Garcia, 1998

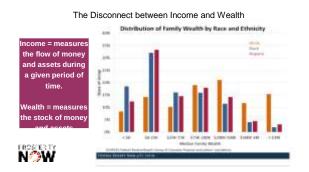












Education is not the "Great Equalizer"

N/3W

Median Hausehold Wealth by Russ/Ethnicky and Education

Current Policies Preserving the Divide

- Saving penalties for public assistance programs
- The criminal justice system's role in financial security
- · Upside-down tax code
- · Mortgage rate disparities
- · Student debt crisis



Advocating for your Community

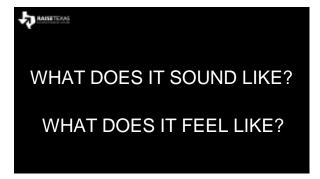
- · Anyone and everyone can be an advocate!
- · Do some research
- Building relationships with policymakers, educating, and engaging them
- · Balance solutions against political realities
- · Recognize small victories and take advantage of opportunities
- · Do you lead or mobilize and speak with a unified voice (i.e., coaltion)
- · Prospecity New Advocacy Topilot





RAISETEXAS Cultural Humility The National Institutes of Health defines cultural humility as "a lifelong process of self-reflection and self-critique whereby the individual not only learns about another's culture, but one starts with an examination of her/his own beliefs and cultural identities."











Consider the 14 personal competencies.

Rate yourself on a scale of 1 (low) to 5 (high) in each area.

https://sociatwork.buffalo.edu/resources/conversations-about-culture.html

14 Personal Competencies (Mikel Hogan, PhD)		
1	. Be nonjudgmental	8. Assume complexity
2	. Be flexible	9. Tolerate the stress of uncertainty
3	. Be resourceful	10. Have patience
4	. Personalize observations	11. Manage personal biases and stereotypes
5	. Pay attention to thoughts and feelings	12. Keep a sense of humor
6	. Listen carefully	13. Show respect
7	. Observe attentively	14. Show empathy https://socialwork.buffblo.edu/resources/conversations-about-culture.html

Add up your points:
61-70 = high
51-60 = moderate
0-50 = needs more practice

Exercise Debrief

- · Describe your reaction to this self-assessment exercise.
- How will you focus your own personal and professional development to develop these skills further?

Adapted from Mikel Hogan, PhD (2013)

https://socialwork.buffalo.edu/resources/conversations-about-culture.html

Having Patience

Do not rush your client as they share their personal money story.

Understand that the client may need time to process new financial topics and practice new financial behaviors.

Take multiple opportunities to ensure that the client understands the financial concepts you have discussed or presented.

https://socialwork.buffalo.edu/resources/conversations-about-culture.html

Assuming Complexity

Financial behaviors are driven by complex factors.

Meet the client where they are financially.

Mainstream financial products may not be a fit for everyone.

https://socialwork.buffalo.edu/resources/conversations-about-culture.html

Observing Attentively

Pay attention to body language and facial expressions.

Identify the best methods clients learn and receive information.

Identify strengths and drivers for financial goals.

https://socialwork.buffalo.edu/resources/conversations-about-culture.html

Managing Personal Bias/Stereotypes

Know your hidden biases around money and cultures.

Do not make assumptions about money roles or practices for a client.

Expect that your personal views, values, and expectations about money will not be reflected in your clients.

https://secialwork.buffale.edu/resources/conversations-about-culture/html

Managing Personal Bias/Stereotypes

https://www.learningforjustice.org/professionaldevelopment/test-yourself-for-hidden-bias

https://socialwork.buffalo.edu/resources/conversations-about-culture.htm







